

Livingston  
County Area  
Cheer/Pom  
Commissioners  
Bylaws

2007

Revised on March 2005

## **LCACC CHEER/POM FESTIVAL COMMON BYLAWS**

LCACC shall hold an annual Cheer/Pom Festival for the participating communities to perform and exhibit the skills that each squad has developed over the course of the season. This event shall be a fun event designed to encourage the girls to socialize and discuss the sport with their peers. It is not intended or to be viewed as a competition.

Cheer/Pom Festival should (shall) be held on a Sunday in October every year unless otherwise agreed to by the LCACC Board and its members due to scheduling problems by the hosting team.

### **FESTIVAL PERFORMANCE ROTATION**

Participating communities shall have the opportunity to host the Cheer/Pom Festival.

Hosting Rotation & Guidelines (est. 1994)

- |                |                  |             |               |
|----------------|------------------|-------------|---------------|
| 1. Milford     | 2. Hartland      | 3. Hamburg  | 4. South Lyon |
| 5. Howell      | 6. Whitnore Lake | 7. Lakeland | 8. Byron      |
| 9. Fowlerville | 10. Brighton     |             |               |

Rotation will be followed as stated above. This was established in 1994, (Cheer/Pom Festival was originated) every community has the right to host this event. However, if the community whom is to host the next season has not been in attendance for of the LCACC meeting, and or has missed (3) consecutive LCACC meetings (this includes failure to have any representation on behalf of their community) they accept forfeiture of their hosting rights. In addition, the hosting community must also have participated in the (2) two previous Cheer/Pom Festivals with the exception of no less the 80 % participation or the agreement (in writing) to assist the hosting team, with LCACC Board approval. The LCACC President will assume the responsibility to properly notify each community Board President if dismissal has been voted on by the LCACC Board.

Communities that have split will host as a combined community if its current Board administers both teams.

Each Community has the right to pass-off their hosting turn to the community that is next in the rotation line-up (as stated above). The hosting community for the upcoming season Cheer/Pom Festival will be set at the LCACC Board meeting held in January of the current season. Per LCACC Board approval.

New communities will be added to the end of the line up. If the rotation is at the end of the line up the new community must wait three years before ever holding a festival. This would mean that a Community could not hold a festival within their first three years of joining LCAJFL.

### PARTICIPATION FEES

All fees are due to the hosting community at the September LCACC Board meeting. The fee shall be \$15.00 per participant in the Cheer or Pom categories, not to be confused with a combined cheer and pom participant. Should a participant be registered in both the Cheer and Pom categories the fee shall then be \$20.00 per participant. Instructional teams will be charged the lesser of the fees. A break down of fee distribution is not mandatory. To change participant fees the hosting community must present to the board at the May LCACC Board meeting the new price, and why the cost increase. Then will be voted on at that time a majority vote wins.

**A penalty of \$250.00 will be charged to any community, not bringing the hosting community the money due for festival at the September meeting.**

### INDIVIDUAL SQUAD PARTICIPATION

The hosting community will perform first in each division. The remaining order of performance shall be determined by a lottery draw. The Lottery draw shall be drawn at the July LCACC Board meeting.

### PARTICIPATION REQUIREMENTS

Each team from each community will perform (2) two rotations which will include a Chant, flat floor cheer (1st rotation). Pom, dance routine (2nd rotation).

The following requirements and limitations shall be applied:

- Chant has a limitation of (1) one minute maximum beginning with the first word or motion.
- Flat Floor cheer has a limitation of (2) two minutes maximum beginning with the first word or motion.
- Flat floor cheer required skills must include (1) one unison jump and Freshman must have a minimum of (3) formation changes and JV and Varsity teams must have a minimum of (4) formation changes.
- Limitations will include: NO mounting/ stunting will be executed unless ALL participating communities are permitted to do so prior to Cheer/Pom Festival provided LCACC Board has discussed, confirmed and approved

### SAFETY RULES:

- NO props of any kind shall be used during either rotation/performance.
- NO knee drops are permitted.
- No glitter of any kind shall be permitted (this include on hair, shin and/or uniforms).
- NO bobby pins, barrettes, or ANY metal hair devices/accessories are permitted.
- NO jewelry is permitted of any sort.
- Hair ribbons, scrunches and soft ponytail holder will be allowed.
- If mounting/stunting is permitted the appropriate size mat MUST be placed on the performance area as well as ALL MHSAA Junior High/Middle School guidelines abided by.

If the mounting/stunting requirement has been eliminated from the participation rules then the Flat Floor Cheer must include a degree of difficulty and variety of cheer skills (Please refer to the Difficulty and Variety category description outlined on the score sheet).

It is recommended by the LCACC Board that Freshman Squads DO NOT mount/stunt, Junior Varsity and Varsity Squads may not lift/mount above shoulder level. You will not be given additional point for mounting/stunting. However, you may be penalized if the mount is not executed properly according to the current MHSAA Junior High, Middle School Rules.

#### POM/DANCE ROTATION

- The Pom/Dance routine shall have a (1) one minute minimum and a (3) three minute maximum from the beginning of the music.
- All Freshman Squads shall have at least (2) two formation changes during the course of their performance.
- Junior Varsity and Varsity squads shall have at least (3) three formation changes during the course of the performance.
- ALL squads must have their poms in their hands a minimum of 50% of the time and constantly moving 50% of the time.
- NO knee drops are permitted.

Two (2) copies of pom music MUST be given to the hosting community no later than the September LCACC Board meeting. The music must be clearly labeled with each squad's community name, division and Head Coaches name on them.

#### ADMISSION FEES

Admission fees are limited to a maximum of:

\$3400 per person

\$2.00 per Senior and/or Student

Free 6-years old and under

This amount must follow the LCJAFL admission rates.

#### PROFESSIONAL VIDEO TAPING

The hosting community will be responsible to obtain a professional video company to handle all taping, sales and distribution of all/any video tapes that are bought or sold pertaining to the Cheer/Pom Festival. The hosting community will provide the name of the video company at the July meeting and a sample of the quality of their company, by flyers or video.

#### SOUND SYSTEM

The hosting Community will provide a professional company to handle the sound system for the entire event and its performances. An additional fee for the service will be divided equally among each community that is participating. This fee will be divided up by how

many teams you bring to the festival not by community. This fee shall be determined and discussed no later than the July LCACC Board meeting and payment then due to the hosting Community no later than the September LCACC Board meeting. The hosting community will provide the name of the Sound System Company at the July meeting and a sample of the quality of their company, by flyers or video.

### DISPUTES

The LCACC Board and its members as a whole shall be the final authority in any disputes that may arise. By a coach bringing a squad to participate in the cheer/Pom Festival they are accepting the decisions of the LCACC Board regarding any disputes, as a final. All Coaches shall respect all decisions and requests of the Cheer Commissioners pertaining to the event. On the day of the event should a Coach desire to register a formal complaint, it must be in writing and given to the LCACC President or to the Sound System person who then will give it to the President. At the end of the day the President will let all commissioners know of the complaint. Should an issue be of such importance it is the LCACC Presidents final judgment in which to hold a separate meeting to discuss the written complaint amongst the LCACC Board and its members, at which time a majority vote will be taken to decide the resolutions to the written dispute. Once the decision has been made by the majority other issue shall not be re-visited or opened for further discussion.

### SPECTATORS CODE OF CONDUCT

- The children that participate in cheer/pom Festival are there to enjoy themselves and most of all have fun!!
- Spectators should be on their best behavior. Never use profane language, harass or taunt other participant, spectators, Coaches or Judges. Any infractions may result in you being ejected from the premises. With repercussions as necessary, per the LCAJF: Rule Book, Section 123.
- Applaud ALL performances.
- Show respect and sportsmanship towards all participants. Without them there would not be a Cheer/Pom Festival!!
- NEVER ridicule or scold a child for making a mistake during the event.
- ANY form of violence will not be tolerated.
- Respect the Judges and Officials decisions.
- Encourage participants to always follow the rules.
- Absolutely NO BLOW HORNS.
- All SCHOOL POLICIES are applicable.

### CONCLUSION

It is the intent of the LCACC Board and its members that the above established guidelines will add consistency to each year Cheer/Pom Festival. That the recognition of each participant will encourage harmony amongst the communities and their respective squads. The sport of cheer and pom is a privilege to participate in and its representatives of this sport should maintain the highest standards possible.

It is the understanding that these guidelines have been discussed, prepared and presented before the LCACC Board and its members for approval and acknowledgment and agreed to be used as the Cheer/Pom Festival Bylaws by all participating communities.

ALL COMMISSIONER MUST REVIEW THE BY-LAWS WITH COACHES AND BOARD MEMBERS PRIOR TO THE CHEER/POM FESTIVAL AND WILL BE HELD REPOSNSIBLE FOR ANY MISINTERPRETATION THAT THEIR COACHES MAY HAVE.

Amended March 23, 2005